

# CELEBRATE CAREERS

## Employability Skills Challenges

**Handshakes** - Give a professional handshake to at least five people throughout the day. Remember to be firm, confident, and brief.

**Networking** - Meet two new people. Practice making connections by discovering something unique about each person. Find out one thing you have in common with each person as well.

**Stress Management** - When you feel stressed, use a breathing technique to relax. Breathe in deeply through your nose, hold it, and exhale through your mouth.

**Confidence** - Choose an affirmation statement and repeat it to yourself throughout the day. Examples include: "I matter." "I am making a difference." "I will believe and not doubt."

**Teamwork** - Do something for someone else today. Listen to the needs of your classmates and help if you can.

**Connect with us on Facebook & Instagram and  
tag @wfswctyouth #CelebrateCareers**



Workforce Solutions of West Central Texas is an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request to individuals with disabilities. Relay: 1-800-735-2989 (TTY) / 711 (voice). This program/service is wholly funded with federal funds.

# CELEBRATE CAREERS

## Labor Market Challenges

**Top 10 Jobs** - Find the Top 10 Jobs poster in your school and take a picture with it! Don't forget to tag us on Instagram!

**Career Hotline** - Call the Texas Workforce Commission hotline at 1-800-822-7526 and ask for labor market information on up to three careers that interest you.

**Discussion** - Discuss with classmates the attributes that make a job in-demand or not.

**Self-Exploration** - After looking at the Top 10 Jobs list, think about which one of those jobs you see yourself in after high school.

**Find a Teacher** - Teachers are in demand all across the state. Find your favorite teacher and ask them what they love about their job!

**Connect with us on Facebook & Instagram and tag @wfswctyouth #CelebrateCareers**



Workforce Solutions of West Central Texas is an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request to individuals with disabilities. Relay: 1-800-735-2989 (TTY) / 711 (voice). This program/service is wholly funded with federal funds.

# CELEBRATE CAREERS

## Preparing for the Future Challenges

**Texas Career Check** - Head over to the website [www.texascareercheck.com](http://www.texascareercheck.com) and complete the Interest Profiler to be matched up to jobs.

**Career Stories** - Ask an adult to share their career journey from high school to present day.

**Texas Reality Check** - Head over to the website [www.texasrealitycheck.com](http://www.texasrealitycheck.com) and complete the Lifestyle Calculator to discover the amount of money you will need to earn to live the life you want.

**High School Opportunities** - Learn about a CTE program or dual-credit class that will help you get started on your career pathway in high school.

**Share Your Dreams!** - Find a teacher and tell them your DREAM career!

**Connect with us on Facebook & Instagram and tag @wfswctyouth #CelebrateCareers**



Workforce Solutions of West Central Texas is an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request to individuals with disabilities. Relay: 1-800-735-2989 (TTY) / 711 (voice). This program/service is wholly funded with federal funds.

# CELEBRATE CAREERS

## Finding a Job Challenges

**Dress for Success Day**- Come to school dressed in your best interview outfit. Go all out as if this is your dream interview.

**Elevator Pitch** - Write a 30 second summary of who you are and why you would make a great employee. Practice your elevator pitch on your teacher or principal!

**Discover Your Strengths** - Ask your friends, family, and teachers what they believe your greatest strengths are.

**Job Matching Service** - Go to [workintexas.org](http://workintexas.org) and register to build your resume and research potential jobs for the future.

**Bragging Rights** - Think of jobs, volunteer experience, or extracurricular activities that you are involved with in school. Pick two you can brag about to a potential employer to show your work ethic, responsibility, and other positive skills.

**Connect with us on Facebook & Instagram and tag @wfswctyouth #CelebrateCareers**



Workforce Solutions of West Central Texas is an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request to individuals with disabilities. Relay: 1-800-735-2989 (TTY) / 711 (voice). This program/service is wholly funded with federal funds.